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Ibn Zuhr's Contributions to Surgery

FARID SAMI HADDAD

Ibn Zuhr comes from a famous Andalusian family of seven physicians who belonged to six generations. The origin of the bani Zuhr family can be traced back to the Tihāmah region on the Red Sea Coast of the Arabian Peninsula. The banu Zuhr physicians served in Ishbilyah [Sevilla] from about 1005 AD to 1205 AD, a period of 200 years. Abu Marwān ibn Zuhr belongs to the middle generation and is the most famous of the seven [1].

Abu Marwān ibn Zuhr (1091 – 1162 AD) wrote at least six books of which his al-Taysir remains the most famous and one of three that were translated into Latin; it was translated twice, the first time around 1160 AD by John of Capua and the second time about 1280 AD by Patavinus (Paravicious or Paravicinus) a physician of Venice. Between 1490 and 1628, a period of 138 years, it was printed in Latin 11 times and was used as a textbook of medicine in European Universities for a very long time all the way through the 18th century.

Ibn Zuhr's al-Taysīr became recently available to the public when the late Dr. Michel al-Khouri edited the original Arabic text and when the "al-Munazamah al-'Arabiyah li 'l Tarbiyah wa'l Thaqāfah wa'l 'Ulūm" [Arab League Educational, Cultural, and Scientific Organization] posthumously published it in 1983 in Damascus [2]. The book is a practical compendium on Medicine as ibn Zuhr exercised it. The book has two parts (232 & 195 pages) and a jāmi' [compendium or antidotarium] [ref a, b, d, e]. The editor has appended indices (69 pages) of medical terms, simple drugs, compound drugs, names, and subjects.

The book is almost unique in that it contains fewer references than most other similar Arabic medical texts:

27 references to Galen

11 to the author's father, abu al-'Ala' (d 1131 AD)

10 to Hippocrates

4 to the author's grandfather, abu Marwān (991 - 1077 AD)

1 to Aristotle

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النظمة العربية للتربية والنفافة والعلوم

ڪناب النيئيليرفي الاراو الارو والة رئيلير آ النيمران بن راستالک بن رمر ۲-۱

تحتسيق الرمروم الدكت ورميشسيل المحنوري عضوجي اللغذالعربية بدمثق

تقديم الدكورمجى الدين صنابر المديرالعام للمستظن الورية الأرية والفنان والعلوم

1. - Title page of al-Taysīr by ibn Zuhr

But none to abu Al-qāsim Al-zahrāwi [Abulcasis] (936–1013), the greatest Arab surgeon [3-11], who lived near Cordoba some 150 years before ibn Zuhr. It is very surprising that ibn Zuhr dæs not quote abu Al-qāsim, dæs not mention him nor dæs he discuss any of his important contributions to surgery. We have not found an explanation to this fact.

Although ibn Zuhr was primarily a physician, a famous clinician, and a great master of medical treatment, he was never known as a surgeon. But from a perusal of his book al-Taysir, one finds that he discusses several interesting surgical diseases and other medical entities which are considered today to be surgical diseases, some of which he describes for the first time; he develops new instrumental therapeutic maneuvers and he experiments

on animals trying new surgical operations. By his own admission, he was keenly interested in surgery. One cannot fail but get the impression that he also was a master of surgical management. His surgical horizon extended far and wide, from the nose to the lower extremities passing by the pharynx, vagina, urethra, anus... The surgical diseases discussed by ibn Zuhr can be divided into three categories depending on how he advocated their treatment. Diseases in the first category were treated medically by drugs and diet; diseases in the second category were treated by instrumental manipulation and diseases in the third category were treated by operative surgery.

- A. The first category of surgical diseases which were treated by drugs and diet, includes:
- 1. Swelling of the tongue Macroglessia, tumors, and neurological affections (both sensory and motor) are included (p. 43).
- 2. Swelling of the uvula (pp. 44 & 144).
- 3. Intestinal obstruction In this section, ibn Zuhr describes infection and gangrene of the bowel and their medical treatment (p. 102).
- 4. Colocutaneous fistula -He observed a case which he describes as follows: "trauma to the abdomen can heal or can be fatal. I have observed a man who defecated from a wound he had previously sustained; he survived for a long time, and was gainfully employed" (p. 199)

وشاهدوه في الناس وفي الحيوانات . وأما أنا فرأيت رجلاً كان يتغوط من جرح كان أصابه ، وبقي كذلك مدة طويلة ، وكان يتصرف في طلبه الرزق كثيراً وتمادت حياته ، غير أنها كانت حياة سوء . وقد أتيت على (ذكر)(٥٠١) هذه الأعضاء ، فأنا آخذ في ذكر المعدة(٣٥٧) إن شاء الله .

- 2. Colocutaneous fistula from al-Taysīr page 199.
- 5. Sterility He distinguishes between congenital and acquired sterility; he mentions the fact that, at first, he was himself sterile but later, after he suffered from a severe fever, he begot several children (pp. 282-4).
- 6.- A sclerosing lesion of the penis He describes, for the first time, a sclerosing lesion of the penis: "Curvature of the penis may result from an excess of dryness or a tumefaction; the cure of the curvature resulting from excessive dryness is almost impossible, nevertheless, I prescribe the use of almond liniment in warm water many times a day so that the penis is always humid from the ointment and the water" (p. 299); today we still use massaging the lesion several times a day, but the disease is called "de La Peyronie's disease" because it has been assumed that it was originally described, for the first time, by François de La Peyronie (1678 1747)

in 1743 as "induration plastique des corps caverneux"; however, we have now evidence that ibn Zuhr described it around 1143 i.e. 600 years before "de La Peyronie"! It should be, henceforth, called "ibn Zuhr's disease" or "Avenzoar's disease".

تقوس)(١٤٤) (لتورّم يكون)(٢٥) في وترّاته أو لإفراط جفوف يصيبها . أمّا انقطاع الشكال فأَمْرٌ ممتنع العلاج لنزارة قدره وربما برىء . وأمّا مايكون عن تقوّس يعرض فيه فالتقوس إمّا أن يكون عن إفراط جفوف ، وإمّا أن يكون عن تورّم . فما كان عن جفوف فيكاد أن يكون البرء ممتنعا ، لكن مع ذلك آمر بأن يدهن بدهن اللوز مضروبا بالماء الفاتر كل يوم مراراً كثيرة حتى لا يخلو عن رطوبة الدهن والماء وأمّا ماكان من تورم متحجر فيما هنالك فإنّ دهن الشبّث وشحم البُرك ودهن السوسن ومخ ساق الإيمّل أجزاء متساوية ، إذا دهن بمجموعها(٢٦١) كل يوم مراراً ظهر الانتفاع به . وقد ذكرت أمراض القضيب ، فأنا آخذ في ذكر الأرحام والفروج .

3. - de La Peyronie's disease from al-Taysīr page 299.

7. – Gynecological diseases – In this section, ibn Zuhr discusses the physiology of the uterus and its function during labor; then he discusses, at great length, the subject of female sterility and its treatment with medicines, diet and vaginal douching; he then treats the subject of uterine tumors, uterine gangrene, prolapse and amenorrhea. For excessive uterine bleeding, also called menometrorrhagia, he advises to add to the regular diet Palestinian melon (p. 311). He then discusses the pathology of the vulva and of the vagina including congenital anomalies and inflammations (pp. 299 – 314).

8. - Varicose veins - For varicose veins, syrup of camomille (flowers or blossoms), melon seeds and honey are recommended (p. 370).

9. - al-Nughlah - Another surgical disease described for the first time by ibn Zuhr is "al-Nughlah" which has been previously thought to be mediastinitis. Here is what ibn Zuhr wrote about it: "... stress is a big factor in the etiology of al-Nughlah as happened to my father when he suffered at the hands of 'Ali ibn Yusuf, he developed al-Nughlah on the left side where it spread vertically about a hand span; the area became insensitive, his treating physician was able to carve it out without my father feeling that; it continued to spread until it reached the heart; his respiration became labored and he died within two days" (p. 382). This seems to be an acute gangrene or fasciitis of the chest wall rather than mediastinitis!

أن تكون لابرء لها وإنما تعرض لمن أستن . وأكثر ماتكون إذا تعرض للإنسان أنكاد وكان يكثر الفكرة وتتوالى عليه الهموم ، كالذي أصاب أبي رحمه الله عندما ناله من علي بن يوسف (ماناله)(٨٢) ، فإنه احترقت (٨٣) أخلاطه فأصابته ننعْلة في الجانب الأيسر وامتدت طولا نحو الشبر . ثم عاد الموضع لا يتُحس ، وكان المتولي لعلاجه يقطع أجواف النعْلة فلا يتُحس بذلك . ولم يزل الأمر كذلك حتى وصل بالاتصال مضار ذلك إلى قلبه ، فعرضه سوء تنفس نحو يومين ومات رحمه الله .

4. - Al-nughlah from al-l'aysīr page 382.

10. – Hemorrhoids – Ibn Zuhr treats hemorrhoids with a concoction of basil, pomegranate, iron dust, vinegar, sugar and honey, and sometimes glycyrrhiza (licorice) is added (pp 460-1).

11. – Dental pathology- The section on Dentistry includes loose teeth and caries. Ibn Zuhr recommends the use of root of asparagus (blackberry or birdwind) water or dilute tar as a mouth wash and powdered carnelian for the arrest of caries especially in their early stages (p 44 – 5).

B. - In the second category, surgical diseases are treated by special instruments, supplies (syringes, cotton etc) or by manipulation; these include:

1. — Tubes for feeding the patient whose deglutition (swallowing mechanism) is paralyzed — Ibn Zuhr writes that sometimes the mechanism of deglutition becomes paralyzed either gradually or acutely; this is often a neural affection which first manifests itself by a difficulty in swallowing which gradually worsens until the patient is no longer able to swallow; at first, there might be mild pain, soon, however, the pain abates, but the patient remains without food and without medication, his force diminishes, cachexia sets in and a new strategy becomes necessary; this consists in the introduction of a tube either made of silver or a malleable metal; its proximal end should be wide like a funnel. Ibn Zuhr then describes how the tube is introduced until it reaches the stomach and then milk and soup can be poured in (pp 154-5).

أغذيته بسبيل (٥٨) آخر . والسبيل في ذلك إما أن يُتلطّف فيلخل في حلقه رويكاً رويداً أنبوب واسعاً رويداً أنبوب إما من فضة وإما من قصدير مشدود ، ويكون آخر الأنبوب واسعاً جداً مما يلي المتحاول لذلك بيديه . ولأول مايرام إدخال الأنبوب تتهوع معدته طبعاً ، فلذلك يجب أن يُدس منه شيء ثم يُخرَج (قدر مايسكُن ذلك)(٥٩) ، م

يُدُس مَّ هكذا حتى تعهد (١٠) الأعضاء ذلك ولا تنفُر منه ، فيُصب في الطرف الواسع الذي (يلي)(١٠) الرجل المحاول لبن خليب أو حَسْوٌ ليصل إلى المعدة فيغتذي به ريشما يعالج السبب الممرض فترتفع الشكوى . غير أن هذه يتوقع منها أن تُمخل

5. - Feeding tube from al-Taysīr pages 154 - 5.

2. – Nutrient enema using the bladder of a goat as an enema container- A silver tube is attached to its mouth and the tip of the silver tube is introduced into the rectum; the contents of the container whether milk or soup are thus introduced into the rectum; some of this liquid is absorbed in the gut which thus obtains some nutrition (p. 155).

زعم)(١٣) شيء تغتذي الأعضاء به ، وهذا وجه ضعيف . والسبيل (القاصد) (١٤) الذي يقع الاغتذاء به بلا شك ولا مرية أن يوضع لبن أو حسو في مثانة عنز أو غيره ، ويُربط في فمها أنبوب فضة (١٦) ويدس طرف الأنبوب في المَقْعَدَة ويُشد على المثانة ، فيندفع مافيها إن المعتى (المُسمتَّى)(١٦) المستقيم ، فينال المعتى من ذلك بعض الاغتذاء ويمتصه عنه ، ويختطفه منه المعى الذي فوقه فينال منه بعض

- 6. Nutrient enema from al-Taysīr page 155.
- 3. Manual reduction of hernias and the use of hernial trusses In his discussion of hernia, he mentions that it could be caused by trauma (direct trauma or following a jump on a full stomach) or by chronic cough. He recommends the avoidance of coughing, sneezing and raising the voice; the hernia should be reduced and a truss should cover the hernial orifice (p. 196).
- 4. Syringes for irrigation in various gynecological diseases He mentions irrigation of the vagina at least four times (pp. 301-7); he uses a solution of ambergris (p. 301), or liniment of bitter almonds in oxymel syrup for sterility (p. 303); for uterine tumefactions, he recommends irrigation with oil of roses (p. 306) and if the tumefaction becomes purulent, he then recommends irrigation with a watery solution of honey, honey alone or a concoction of powdered barley, vetch, cypress cones, frankincense and honey (pp. 306-7); for painful cancerous growths oil of roses and / or cream of egg albumen are recommended (p. 307).

القيثًاء . وآحقين المرأة بزيت الورد الذي أسميّه زيت ورد ، فإن ارتفـع ذلك فأمر جليل قد أتيته ، وإن آل إلى التقيّح فلا بد حينئذ من استعمال الاحتقان بماء العسل وبالعسل نفسه . فإذا نقيي العضو من الميدّة فإنك حينئذ لابدّ أن تأمر بحَقْنيه بعسل

قد اكتسب قوة من (قوى الأدوية)(٥٢٣) المجففة التي شأنها أن تنبت اللحم ، وفي العسل نفسه من القوة المنبتة للحم حَظّ ليس باليسير .

7. - Vaginal douching from al-Taysīr page 306.

5. - Cotton in the reduction of uterine prolapse - The cotton is immersed in a warm solution of oil of roses and oil of lilies (p. 309).

وأما إن كانت الرحم بالهواء قد تغيّرت بعض التغيّر فيجب أن تحمل عليها وهي من خارج قُطْناً كثيراً مغموساً في زيت ورد ودهن سوسن بشطرين بعد تدفئتهما حتى عادا كاللبن (١٩٥٠) حين يحلب ، يتر دد (١٩٥٠) القطن بذلك متى رفع (١٥٠٠) واحد وضع آخر هكذا حتى يذهب ماقد حدث ولحج في العضو ، فعند ذلك يرام إعادتها إلى موضعها وتعالج بما ذكرته من العلاج دون إغفال شيء منه . وذكر الأطباء أنه قد تتعفن معاليق الرحم فتسقط وتبقى المرأة حية لايضرّها ذلك (في معاشها .

- 8. Cotton in the reduction of uterine prolapse from al-Taysīr page 310.
- 6. Manual reduction of fractures He gives a perfect description for the reduction of fractures on a flat surface with the use of both hands, first separating the broken fragments, then reducing the fracture very carefully letting the muscles bring the fragments together and then immobilizing the fracture in a special splint made of bamboo sticks after covering the skin with a layer of oil; the bamboo sticks are fashioned into a splint and secured with a bandage which ought to be moderately tight, not too tight nor too loose; the splint should be frequently replaced and the area inspected; he also mentions the necessity of having an experienced assistant or several assistants for difficult fractures; he does not omit dietary suggestions (pp. 314 8).
- 7. Cotton in the stabilization of fractures of the nose He uses a cotton mold inside the nasal cavity and an external splint. He changes the mold frequently and irrigates the nose with water and honey to remove the secretions (pp. 317-8).

وأما إن كان التكسيَّر في الأنف فلا بد (لك) (١١٦) إن كان قد آرتص كله من قالب تدسه فيه مما له منفعة (١١٧)، ويكون ذلك من قطن مفتول. ولا بد لك من خارج مما يمسكه ، فليتُتَخدَ من الصموغ على خرقة متينة مطويّة على طاقات ملزوقة طاقة إلى طاقة حتى يكون لها غليظ ، فتضع بعضها على الأنف من فوق الكسر بكثير ومن تحته بكثير ، بعضها من الجانب الأيمن وبعضها من الجانب الأيسر كذلك ، وتلزقها (١١٨) على الأنف وتتفقدها بعينيك من خارج . فإن أمد

9. - Cotton mold in nasal fractures from al-Taysīr page 317.

- 8. Manual reduction of dislocations (pp. 318 9).
- C. In the third category, he describes surgical operations for the treatment of a variety of diseases; this category includes:
- 1. Ophthalmic operations for the treatment of meibomian cysts, trichiasis, cataract and foreign bodies in the eye In this relatively long section (30 pages: from p. 47 to p. 76), ibn Zuhr also discusses anatomy of the eye, lice of the eyelashes, strabismus, inflammations (dacryocystitis) ulcers, pupillary lesions, and optic atrophy.
- 2. Tracheostomy for the relief of laryngeal obstruction, as from laryngismus stridulus He had experimented with tracheostomy on goats "When I was a student,... I would incise the trachea of a goat after having incised the skin and the subcutaneous fascia, then I would remove a piece of trachea smaller than a lupine seed then I would irrigate the wound with water and honey..." (pp. 149-50).

كنت في وقت طلبي إذ قرأت هذه الأقوال ، شققت قصبة (رئـــة)(٢٠) عنز (٢١) بعد أن قطعت الجلد والغشاء تحته وقطعت من جوهر القصبة قطعاً باتاً(٢٢) دون قلر التشرمُسة ، ثم التزمت(٢٢) غسل الجرح بالماء والعسل حتى التأم ، وأفاق(٤٢) إفاقة كلية وعاش مدة طويلة وعندما أخذ الجرح في الانكماش والاندماج ، كان يُذرَّر عليه جوز السرو مسحوقاً منخولاً حتى أفاق، ولكن هذا شيء لم يستعمله أحد ممن (لحقناه وممن)(٢٥) لحقه سلفنا فلهذا لم أذكره بدءاً .

10. - Tracheostomy from al-Taysīr pages 149 - 50.

3. – Operations for abdominal and intestinal trauma – He is one of the first to suggest the use of silk in suturing the traumatized abdominal wall and traumatic lesions of the bowel as well as bowel resection when a segment of bowel is not viable (p. 198).

ذ كر مجر احات البيط ن (٣٤٢)

ويعرض في البطن الجرح إما بحديدة (حديدة) (٣٤٣) (أو بخشبة حديدة) تشق جلدة البطن والمراق معاً فيبرز الشّربُ (١٩٤٥) وعن بروزه يجب أن يصرفه صانع اليد . وإن أصابه تراب أو غبار أو نشارة خشب فيجب أن يغسل ذلك عنه بماء فاتر ثم يصرفه برفق ، فإن تمزق منه جزء أو اسود فالحزم أن يقطع عنه ماتمزق وفسد ثم يصرفه إلى البطن ويخيط عليه (بخيط حرير) (٢٤١٦) إبريسم . وصانع اليد (٢٤٧١) كفيل بعمل ذلك ، وإنما (أعرفه (٢٤٧١) علماً لا عملاً ، ويضع على الحياطة ما يعين على اللتحام . ومع ذلك فيجب بسبب (٢٤٩١) الجرح أن

 The use of silk suture for wounds of the abdomen and bowel resection from al-Taysir page 198. 4. — Urethrolithotripsy for urethral stones — He is a pioneer in the description of the use of a diamond tip for breaking stones in the urethra "A very fine sound with a small diamond on its tip is introduced until it reaches the stone which is fragmented by the contact" (p. 297); this is a precursor of modern day lithotripsy.

ذِ كُرُ مَايِعَرْضُ فِي القَضِيْبِ (١٥١)

والقضيب يصيبه في المجرى السنّدة ؛ إما لحصاة وإما لقيح غليظ أو لدم عبيط. فما كان عن حصاة فإن القثاطير (٢٥١) نافعة في ذلك ، وإن ° دُس إلى الحصاة ميل رقيق في غاية الرقة في طرفه حجر صغير من حجارة الماس فإنها عندما يمس فيها تتفتّت الحصاة . وللدُّهن البَشامي اختصاص في تفتيتها وكذلك لدهن

- 12. Diamond tip for lithotripsy from al-Taysīr page 297.
- 5. Hysterectomy for uterine lesions This is the surgical removal of the uterus, which is among his innovations in the surgical field (pp. 149-50 & 299).
- 6. Drainage of abscesses A special section is devoted to the discussion of abscesses, ulcers (including the rodent ulcer), skin inflammations in their various types such as erysipelas, anthrax etc and pruritus and their different treatments including poultices that help ripen an abscess (pp. 327-37).

The name given by ibn Zuhr to surgery is: "a'māl al-yad" [hand work] and he calls the surgeon: "Ṣānic al-yad" (manual artist) an obvious translation from the Greek, originally made by Isḥāq ibn Hunayn and also used by al-Zahrāwī. It seems that the word "jirāḥah" was first used by al'Aynzurbī [c].

Unlike his father who believed that surgical operations should be left to the assistants, ibn Zuhr liked surgery and liked to perform surgical operations "As for me, I had a psychological affection, I liked hunting and the experimentation with medications... all this manually; I was so infatuated with this that I considered it an affliction which led me into this path by a strong desire, although it was somewhat demeaning, however I thoroughly enjoyed these exercises, just as someone else might enjoy gardening or falconry. I mentioned some surgical procedures because the physician might be obliged to perform whatever he can of simple surgical procedures" (p. 320). He actually started to perform experimental surgical operations on animals when he was still a young lad; he had then the occasion to study the healing power of the trachea by performing a tracheostomy on a goat and subsequently observing how the tracheal wound healed (pp. 149 – 50).

برحمة الله ، وكان بعيداً من مهنة (١٣٨) الأعمال . وأما أنا فإن في نفسي مرضاً من أمراض النفوس من حب أعمال الصيد لانيين وتجربة الأدوية والتلطق في سلب بعض قوى الأدوية وتركيبها في غيرها ، وتحييز الجواهر وتفصيلها ومحاولة ذلك باليد . وما زلت مغرماً بذلك مبتلي بحبه ، فسلكت هذا المنهاج شهوة فيه وإن كان على ماهو عليه من الامتهان ، غير أني ألتذ بعمله (١٣٦٠) كما يلتذ غيري بالفلاحة وبالقنش . وإنما ذكرت من أعمال اليد ماذكرت لأنه إذا اضطر الطبيب في نفسه أو فيمن يحضره ممن يغتنم الأجر فيه لابد (له) (١٤٠٠) أن يعمل مايسن عمله مما خف، وأما مايكون من الأعمال المستقدرة القبيحة ، كالشق على الحصى (١٤٠١) ، فإن الحر لا يرضى لنفسه بعمل ذلك ولا بمشاهدته ، وما أظن أن الشريعة تبيحه إذ فيه كشف العورة وكشفها حرام.

Ibn Zuhr has expounded his views on the relative value of theory and experience; he definitely favors observation and the experimental approach over theoretical considerations which he calls "safsaṭah" Talk is composed of truth and falsehood and some arguments are proof, others persuasions, others sophistry and still others imaginary. Proof is a just balance in arguments ... When one is versed in logic especially if one is a physician, only then can one distinguish between truth and falsehood; ... experimentation alone can establish truths and demolish falsehoods" (pp. 326 – 7).

وكذلك "كل ما ذكرته في كتابي هذا وأثبته لا شك أنه سيروم من يتعسف تزييفه بالكلام وأنا احاكمهم ، كنت حيا أو ميتا ، إلى التجربة فإن الكلام يدخله الصدق والكذب ، والحبُجج منها ماهو برهان ومنها ماهو إقناع ومنها ماهو سفسطة ومنها ماهو تخيل (۱۸۸۰). والبرهان هو ميزان حق في الحجج ، لكن كثيراً ما تدخل فيه أقوال (إما جدلية إقناعية وإما سفسطة وإما أقوال تخيلية ، وليس يفرق بين الأقوال) (۱۸۹۱) إلا البصير بعلم المنطق وخاصة إن كان بصيراً بعلم الطب ، فحينتذ يمكنه أن يميز الحق من الباطل فيما يكون له بالطب معلق . وكثيراً (قد يُسموه) (۱۹۹۰) عليه من شأنه اللجاجة ، والتجربة وحدها هي التي تثبت الحقائق وتذهب البواطل .

14. - Experimentation vs sophistry from al-Taysīr page 326.

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